



TIME OUT FOR TEENAGERS

- Do you want a better relationship with your teenager?
- Do you want to understand more why they act like they do?
- Are you worried about different teenage issues?

If you have answered yes to any of these then **you are not alone** and Time Out for Teenagers may be for you!

One mum said, "I now have a son who seems happier and will talk more to me"

Another said, "My relationship with my daughter has improved due to coming on the course"

7 week course begins

Tuesday 22nd February.

**Sessions run from 4pm - 6.30pm
at St Julie's Catholic High School
Speke Road, L25 7TN**

All parents/ carers of pre-teens or teenagers welcome!

For more information and to book your place contact

Parent Support Advisors Tracy /Ann-Marie

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